

**DAY ONE:** Arrive: 1.15pm Introduction by Ian and settle into cabins  
First activity commences

|                           | DAY 1<br>1.15- 2.15 | DAY 1<br>2.15 – 3.15 | DAY 2<br>9.30- 10.30 | DAY 2<br>11 – 12:00 | DAY 2<br>1.15 – 2.15 | DAY 2<br>2.15 – 3.15 | DAY 3<br>9.30 – 10.30 | DAY 3<br>10.30-11.30 |
|---------------------------|---------------------|----------------------|----------------------|---------------------|----------------------|----------------------|-----------------------|----------------------|
| <b>Initiatives Course</b> | Group 1             | Group 8              | Group 7              | Group 6             | Group 5              | Group 4              | Group 3               | Group 2              |
| <b>Abseiling</b>          | Group 2             | Group 1              | Group 8              | Group 7             | Group 6              | Group 5              | Group 4               | Group 3              |
| <b>Flying Fox</b>         | Group 3             | Group 2              | Group 1              | Group 8             | Group 7              | Group 6              | Group 5               | Group 4              |
| <b>Archery</b>            | Group 4             | Group 3              | Group 2              | Group 1             | Group 8              | Group 7              | Group 6               | Group 5              |
| <b>Low Ropes Course</b>   | Group 5             | Group 4              | Group 3              | Group 2             | Group 1              | Group 8              | Group 7               | Group 6              |
| <b>Canoeing</b>           | Group 6             | Group 5              | Group 4              | Group 3             | Group 2              | Group 1              | Group 8               | Group 7              |
| <b>Indoor Climbing</b>    | Group 7             | Group 6              | Group 5              | Group 4             | Group 3              | Group 2              | Group 1               | Group 8              |
| <b>Orienteering</b>       | Group 8             | Group 7              | Group 6              | Group 5             | Group 4              | Group 3              | Group 2               | Group 1              |